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AGING MATTERS

STORIES OF INTEREST AND IMPORTANT NEWS FROM SENIOR SERVICES SPRING 2016

OUR MISSION

Helping seniors
in Forsyth County
remain in their
own homes for as
long as possible,
living with dignity.

OUR PROGRAMS

Elizabeth and Tab
Williams
Adult Day Center

Meals-on-Wheels

Help Line

Home Care

Living-at-Home

Senior Lunch

Elder Care Choices

CONTACT US

Senior Services
2895 Shorefair Drive
Winston-Salem, NC 27105



seniorservicesinc.org

336-725-0907



To Honor Sally and Help Seniors in Our Community

Dr. David Kelly and family established a new permanent fund at the Senior Services Foundation—the **Dr. and Mrs. David L. Kelly, Jr. Fund in memory of Sarah (Sally) Brooks Pullen Kelly**. Sally Kelly died in December 2014 after a courageous two-year battle with cancer. We asked Dr. Kelly to tell us a little bit about his late wife. Here is what he wrote:

“Sally was a true Winston-Salemite—born at Baptist Hospital, attended Summit School, Wiley and R.J. Reynolds High School. Sally graduated from Woman’s College and subsequently taught at Moore School. She lived in Winston-Salem for over 50 years.

She was a notable member of the community, having participated in countless community activities and programs. Although Sally was interested in and participated in many non-profits and charities,

She always felt that Senior Services rendered the most personalized and valuable care to those in need.

She had a long-standing close relationship with the Tab Williams family. With our aging population, it was obvious to Sally that Senior Services would need increasing resources to respond to challenges and to develop new programs.”



Dr. and Mrs. David Kelly, Jr.

Senior Services is honored to administer this new permanent fund. If you would like to make a contribution to Senior Services, visit seniorservicesinc.org or call Patty Mead at 336-725-0907. ♥

Your Support Never Gets Old



The homebound elderly population in Forsyth County is growing rapidly and many seniors remain on our waiting lists, hoping for assistance.

Please help us meet this critical need by making a generous, tax-deductible contribution—or by volunteering your time.

Visit us at SeniorServicesInc.org, or in person at 2895 Shorefair Drive, Winston-Salem, NC 27105, or call 336-725-0907. ♥

A Passion to Make a Difference

By Jo Dawson, Volunteer Writer

Senior Services got a live wire (not the first, by any means) when **Kristen Perry** joined the team. Kristen brings 8 years of experience working in nonprofit organizations, and a passion for working with older adults to her role. Her motto, “if it takes a village to raise a child, it takes a community to age an adult” and taking that to heart she has moved into a new position—director of community engagement—with vigor.



Kristen Perry

Her specialty is connecting. Her assignment: identifying and strengthening the ties between Senior Services and the community.

Her first project was creating a full-page events calendar for publication in the Winston-Salem Journal (and on the Senior Services website.)

Her life is one of readiness at every opportunity, all the while “following her passion,” as her father recommended. He, a business consultant, and her mother, an RN, raised their four children to seek and honor education, value family, and always give their best effort. Kristen took this to heart, graduating Valedictorian of her high school class and receiving a

full scholarship to UNC Chapel Hill. In fact, all four siblings attended or are attending UNC Chapel Hill; they’re very much a Tar Heel family.

Kristen’s choice of a major was business administration, which had fascinated her since she was a child. However, by the time she received her bachelor of science in business administration, her passion had shifted from the business world of “maximizing profits” to what seemed more important: “making a difference in people’s lives...advocating for groups that needed a voice and strengthening communities.”

Her college graduation was followed by two years with the Carolina College Advising Corps helping students in Rockingham County prepare themselves for college, before earning her master’s degree in public administration and nonprofit management at UNCG; which she credits with accelerating her nonprofit career.

In 2014, she married Marc Perry, an engineer whose work brought him here from Detroit, and they are enjoying the many activities available in Winston-Salem. They enjoy traveling as well and have hopes to see more of the U.S. and perhaps Europe later this year.

Kristen’s down time is spent watching movies and reading (audio books) while on the treadmill or walking the dog. Not surprisingly, she alternates professional-training literature and pure escape fiction. She finds every opportunity to spend time with her family and friends as well.

But most of her energy goes to Senior Services, “a stellar organization where everybody wants to work to make a difference.”

“It’s been an incredible opportunity to watch (CEO) Richard Gottlieb craft his vision of where we go next.” ♥

Marian Douglas, Love, Service and Leadership

By Jo Dawson, Volunteer Writer

Marian Millaway, age 13, was looking forward to another summer at Ocean Isle with her grandparents. But her father had another plan for her: “You need to do something meaningful this summer.”

So she spent six to seven hours a day assisting, comforting, and cheering up youngsters with cerebral palsy and spina bifida as a volunteer aide at the Children’s Center for the Physically Handicapped. And she was hooked. “I loved those children.”

Her father, who died of cancer when she was 19, would be astonished at how that summer launched a bright, energetic adolescent onto a path of giving to the community.

Marian became Marian Douglas when she fell in love and married Jim while still in college. Finding causes and organizations she was passionate about, Marian blazed a trail as a fundraiser and found herself a household name among local nonprofits and their supporters. Today she’s one of a select group of Life Directors at Senior Services.

For starters, she continued to volunteer at the Children’s Center through high school at Salem Academy. While settling in as a wife and mother, she honed her volunteer skills in the Junior League, where she and colleagues received training and organized a cancer-patient support group at what is now Wake Forest Baptist Medical Center. “Our goal was, and is, to make a cancer patient’s journey as comfortable and positive as possible.” To support the program, Marian helped to organize Winterlark, a black-tie dinner and auction at Graylyn—the 33rd Winterlark took place this past February.

Through the years she’s helped coordinate other notable events to benefit Brenner Children’s Hospital, Summit School, Salem Academy, and the Ronald McDonald House.

Her connection with Senior Services goes back to the earliest days when the headquarters was at Tobacco Square just north of downtown. With the opening of the Williams Adult Day Center in 2000, Marian stepped up again. Her mother, Sue Millaway, who died of Alzheimer’s in 2002, lived with Marian and Jim for the last five years of her life. “I couldn’t stand the idea that the wonderful services provided at the Day Center might not be available to people living with dementia, because of their inability to pay,” she said. So another major fundraiser was born... The Evening for Alzheimer’s Care. At first it was a cocktail buffet and silent auction at the adult day-care center on a Friday night. It’s now grown to a sit-down dinner for 360 at Senior Services headquarters with pianist Kevin Douthit, as always, providing the entertainment. Proceeds in the thousands support “scholarships” for participants and their families. The result: “No person living with dementia and no caregiver who needs respite care is turned away.”

Any time for herself? “I love to walk, watch movies, go to the beach, and spend time with my three grandchildren—boys 3 and 6 who live nearby; and finally a little girl, Beverly—named for my father.” ♥



Marian with son Sandlin at 2015 Evening For Alzheimer’s Care

At 90, Doctor Continues to Help Others

By Jo Dawson, Volunteer Writer

Is there a doctor in the house? Yep. It’s **Dr. Bill McCall**, strolling through the Williams adult day-care center, talking with folks, listening to their memories and simply being another caring presence.

Bill, who’s turning 90 this year, treated many elderly patients during his 50 years practicing medicine in Winston-Salem. “I love old people,” he asserts and volunteering at Senior Services was a natural. “I’m always looking for reasons to stay busy,” he said, which is the way his mother told him to live his life: “Be considerate and make use of your talents and don’t waste time. Keep up, do things and contribute.”

Practicing medicine in the “good old days” was dawn-to-dark. Early visits to City and Baptist hospitals, eight hours in his office in the Nissen Building and then his favorite part, a couple of hours making house calls. “You learn what’s going on in the household” and how that relates to a patient’s general well-being.

Along his educational path—Wiley Elementary, Reynolds High, Duke undergraduate and medical school and a residency at what is now Wake Forest Baptist Health—Bill held on to his secondary calling—playing the violin, which he began studying at age 9. He played with the Winston-Salem Symphony until the demands of work forced him to step aside.

Bill’s parents came to the U.S. from Lebanon early in the 20th Century. His father traveled widely selling fine linens through the Southeast, and then in 1925 he and his wife opened the first McCall’s Fine Linens in the old Robert E. Lee Hotel. Later Bill’s sister, Betty McCall Smith, operated the shop, which eventually moved to Reynolda Village. It was sold in 2014.



Dr. Bill McCall

The parents, who had joined a Presbyterian mission church in Lebanon, embraced that denomination right away in the U.S. and so did Bill, who has served as a deacon and elder at First Presbyterian. He has also been involved in hospice, headed the pharmacy committee at Crisis Control, served on the Piedmont Opera board and raised funds for the symphony. At Senior Services, part of his commitment is calling supporters to chat and thank them for their contributions.

Bill and his first wife, the late Drane Vaughn McCall, raised two sons. One is now a psychiatrist; the other’s a Presbyterian minister.

Bill and his second wife, Carolyn, are enjoying a quieter life, leaving strenuous sports and major travels to others. He works out on a stationary bike, they enjoy quiet strolls, public television and she’s an “excellent cook.” Bill reads mostly history, especially about the Civil War, “stupid war but heroic people.”

Looking back, he said: “My life has been blessed by women—my mother, my sister, my wives.” Then he smiled: “And women are just smarter and better looking!” ♥